

Autumn Food Demonstration

with
Chef Desiree Bridge

Learn about foods harvested and prepared during the fall season, including some native plants, along with folklore, traditions and recipes.

Apples, broomcorn, sea oats, acorns, the Three Sisters, pawpaws and marigolds will be featured. Sample honey varieties, yaupon tea, hot mulled cider and more.



Monday, October 17

4:00-5:00pm

BHA's Association Center (111 Lighthouse Wynd), BHI

Cost is \$10 per person, payable at the event by check (payable to "Bald Head Association") or Zelle (to Carrie@baldheadassociation.com). No cash is accepted. Pre-registration by 5:00pm on October 14 is required. To register, select the QR code website with your phone's camera. For questions, contact Betsi Stephen at betsistephen@gmail.com.



Bald Head Association ~ "The voice for BHI property owners"

Sponsored by:

BHA's Education & Recreation (ER) Committee