



Bald Head Association

Island Report

Communication, Advocacy and Protection of BHI Property Values

President's Letter: *Trust* ~Kit Adcock

This past week I attended (only!) two Association meetings on Bald Head. Both were lengthy, but productive. In each it occurred to me that there exists an underlying current based on trust. A few examples follow.

One of the key roles of the Bald Head Association is advocacy, particularly for second homeowners. Elections and property taxes affect all island owners, but only permanent residents and others who are registered to vote on Bald Head have a voice in decisions that affect us all. The Association's focus on flood insurance, which will continue to affect second homeowners more profoundly than primary residents, is an example of the Association addressing the needs of all its constituents through advocacy. Hopefully all of our property owners trust that the Association will always remain vigilant in identifying, communicating and advocating for issues that affect them.

In May registered island voters will have a say on the proposed \$18 million Village referendum for the installation of a terminal groin at the river mouth at the convergence of South and West beaches. Only those registered to vote and actually voting will determine if this structure will be built. Second homeowners must trust that their interests will be represented. (Read more about the terminal groin inside this issue.) At its April meeting, the BHA Board voted on behalf of all its members to encourage eligible islanders to vote FOR the terminal groin.

There is no doubt that this is a unique window of opportunity to try something different at Bald Head and in the state of North Carolina. Will the terminal groin work to capture sand drifting into the

channel along South beach? We must trust the incredibly complicated work done by our elected Council, its committees, volunteers and specialists. Will this effort save islanders from more frequent and costly beach re-nourishment? We must believe those whom we have entrusted to develop this plan to improve the long-term health of our beaches at a cost that is affordable and sustainable.



Another issue relating to trust that primarily affects second homeowners is home maintenance. Homeowners can leave a house key at the Association office for use by designated contractors to perform work on their homes in their absence. This involves completing a form available on the Association web site that lists those whom an owner approves to have access to his/her home and, of course, providing a key. This great convenience to property owners exists because of trust that the Association will keep keys securely and abide by

Trust...Continued on page 2

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ARC Corner
Karen
Mosteller,
Architectural
Review
Coordinator

Controlling light makes a difference...

Most Bald Head islanders know the importance of being frugal with exterior lighting. Nesting female and hatchling loggerhead sea turtles should not be exposed to artificial sources of light while on BHI. The hatchling's very survival depends on this and it's recommended that all beach front homes install room darkening window treatments on windows that face the beach, and that blinds be closed from dusk to dawn during the turtle season (May 1st – November 15th) to prevent interior house lighting from disturbing the nesting and hatching of the sea turtles.

It's also important to note a couple of other negative costs associated with light pollution. First is the loss of the starry heavens. When we help to keep the sky dark, we regain the ability to see comets and falling stars and all the wonders in the sky that thrilled us as children. Secondly, who doesn't like to save money? By limiting the use of exterior lighting, we don't waste energy and we give nature the opportunity to light our path. At the very core of the ARC design guidelines is a philosophy of resource management. These values help to keep Bald Head Island's unique environment intact for future generations.

The most recent change to the lighting guidelines is the requirement to use warm white light defined as bulbs with a color temperature of 3200 degrees Kelvin or less. Keep in mind, even using the same wattage, a cool white light appears much, much brighter than a warm white because of how the eye sees that part of the spectrum. When purchasing bulbs, the words 'warm white' can usually be found on the front of the box and the color temperature listed in the fine print. For your reference, below are the current updated lighting guidelines. If you feel

Trust ... continued from page 1

owners' wishes, and because island contractors have proven themselves to be trustworthy.

Trust is such an important part of island living that it often goes under the radar. It fosters communication, improves collaboration and enables compromise. Earning the trust of members and the community as a whole is a cornerstone of the Association's advocacy role.

like you aren't in compliance and would like us to review your current exterior lighting just call (910-457-4676 x22)

ARC Design Guidelines (pages 19 & 20)

Exterior Lighting

REQUIREMENTS: Applies to new construction, renovations and complaints.

1. Lighting will be baffled to prevent direct visualization of the light source.
2. Exterior wall and exterior recessed lighting shall have a baffle-to-light-source relationship that creates a maximum of 90-degree spread of light from the bottom of the baffle. See diagram and examples of the baffle-to-light-source-relationship calculations below.
3. All pathway lighting shall have a baffle-to-light-source relationship that creates a maximum of 120-degree light spread from the bottom of the baffle. See diagram and examples of the baffle-to-light-source relationship calculations below. All pathway lighting shall be no higher than three foot from grade.
4. Bulbs will be from the white family and no bulb shall be greater than 60 watts incandescent equivalent (8 watts LED, 15 watts CFL). The bulb/light color temperature should be approximately 3200 degrees Kelvin or less, which is warm white in color.

Letter to the Editor

To all Bald Head Island voters

It is very important for all Bald Head Islanders to vote in the May 6, 2014 primary.

The Island needs you to vote in favor of the bond issue, which will help the Island to stabilize its beaches.

Second, to vote in favor of the one quarter of a cent sales tax increase which will move the burden of funding our beaches from property owners only to those that come to our beaches as tourist.

Third to vote for whom you think is the best candidate to help our beaches receive help from the state. If we are going to be able to lower our property taxes and see our property increase in value then, this maybe the most important primary you will ever have an opportunity to vote in so make you vote count.

Thank you,
Larry Lammert

Additional Yoga Classes Offered Beginning Tuesday, May 27th

Betsy Helton is excited to offer Therapeutic Yoga classes at BHA's Association Center on Tuesdays and Thursdays from 11am to noon beginning Tuesday, May 27th. This is a great opportunity to experience yoga in a fun and stress-free environment and is a class for those who may need a place to start to get back into exercising or may have physical ailments or prosthetic joints.

Betsy will teach two classes for all skill levels making real time classroom modifications to make sessions accessible to all levels of flexibility and balance. She has trained at The Therapeutic Yoga for Seniors program at Duke School of Integrative Medicine and is looking forward to sharing her knowledge and skills with you.

Watch BHA's weekly email for pricing information on this class by mid-May. In the meantime, feel free to contact Betsy at baldheadislandyoga@gmail.com or at 404-426-7515 with questions.

Sponsored by BHA's Communication, Education and Recreation (CER) Committee.

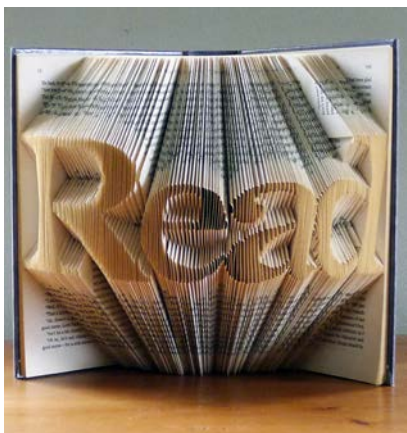
P.S.-Stay tuned for another new yoga opportunity to be announced in mid-May.

Smith Island Art League
ART SHOW & SALE



MAY 24-25, 2014
BHI Association Center
SAT & SUN: 10-5
NEXT TO CHAPEL
WWW.SMITHISLANDARTLEAGUE.COM

Visit the 'News' section of BHA's web site (bhinews.com) for additional resources related to flood insurance, including a breakdown of NFIP terminology, a link to BHI's current flood map and a link to a legislative summary of the new Homeowners Flood Insurance Affordability Act of 2013.



Did You Know?

If you prefer the comfort of reading a real book versus a tablet, let the weekly Library Run feed your habit. Volunteers transport books checked out through the Brunswick County Library System to and from the Island each week on Wednesdays. The process is simple:

1. The service is free but you must possess a Brunswick County Library card to participate. Visit a Brunswick County library branch with a tax receipt and a proof of permanent residence in hand to apply for a library card. The closest branch is at 109 W. Moore Street in Southport (near the intersection of Howe and Moore streets).
2. Once you have a card, log onto the online catalog and select the 'Margaret and Jim Harper, Jr.' Branch in the upper right-hand corner of the page. Search for and select the book you want to read then click the 'Place Hold' button.
3. Call the branch at 910-457-6237 and ask the librarian to set your selection aside for the Bald Head Island Library Run. Your book will be available for pick up at the Association Center (111 Lighthouse Wynd) after 2:30pm the following Wednesday.
4. When you're finished reading the book, just drop it off at the Association Center and it will be returned to the library for you on the next Wednesday run.

That's it! No ferry or car ride necessary. Contact BHA at 910-457-4676 x21 or diane@baldheadassociation.com with questions. Here's to the next good book!

Healthy Back and Bones & Restorative Yoga Saturday, May 10th; 2am-5pm BHA's Association Center

This 3 hour yoga experience with Tricia Miller, licensed acupuncturist and certified yoga instructor, will be a combination of gentle yoga postures specific for back and neck pain or injuries and deeply restful yoga postures for deep relaxation and meditation. Hands on adjustments and massage will help you deepen in your postures. Music and essential oils will be used to guide you deeper into your body and mind. Specific yoga postures will be taught that will keep your spine aligned and your body pain free. Breathing techniques learned will deepen your meditation experience. You will leave the experience feeling fully refreshed and energized.



The fee for this session is \$50 and should be paid in advance. Make checks payable to Tricia Miller and drop off/mail to BHA (111 Lighthouse Wynd, PO Box 3030, BHI, NC 28461) by Wednesday, May 7th. Contact Cam McIntyre for more information at cammacva@hotmail.com.

Sponsored by BHA's Communication, Education & Recreation (CER) Committee.



Help Us Go Green!

Please help us keep our printing costs down by signing up to receive the monthly Island Report electronically. Send an email

to carrie@baldheadassociation.com and ask to be removed from the 'snail mail' list. You'll be signed up to receive BHA's weekly email bulletin which provides a regular link to the online edition. Thanks for your support of our effort to save a few trees!



Summer Safety Tips

Golf Cart Safety

You must have a valid driver's license to operate a golf cart on Bald Head Island. There are numerous injuries each year as a result from golf cart related incidents. There have been several fatalities from individuals falling off golf carts. To put things in perspective; it is no different than driving your car or truck 18 mph down a road near your home and then opening your car door and falling out onto the roadway. Fractured bones, soft tissue injuries, and head injuries are common injuries from this type of incident.

The majority of the golf cart related injuries on Bald Head Island are a result from an occupant falling out of the cart. They start and stop very abruptly and turn very sharply. It is difficult for passengers, especially rear-facing passengers, to anticipate turns and changes in speed. Ensure that passengers are holding on to the grab rails or other solid surface on the cart before performing any sudden movements. Children should not be in the lap of the driver, as they can impede the driver's ability to maneuver the golf cart. Packages should be secured to the cart, not held by passengers. Again, passenger's hands should be free to hold onto the grab rails. Whenever possible, use hand signals when turning or stopping. This will aid others in knowing your intentions. Please remember golf carts are not toys and enjoy your visit to Bald Head Island.

Think of the same laws when you drive your car on the mainland. Violation of laws or ordinances will result in law enforcement action, up to and including going to jail. Here are just a few of the

laws and ordinances designed to keep you safe while enjoying your time on the Island:

- Open alcoholic beverage containers are prohibited in golf carts.
- The speed limit is enforced (18 mph).
- Careless or reckless driving is prohibited.
- Driving while intoxicated (alcohol or drugs) is not tolerated.

Bicycles/Scooters

Bicycling across the island can be a wonderful experience. But please remember that the roadways are shared with golf carts, cars and small trucks, and large shipping trucks. The roadways are quaint and edged with vegetation. Please wear your helmet to help protect your head and brain from injury in the event you have an accident. You should also wear brightly colored clothing for higher visibility, both day and night.

Local laws and ordinances ***require*** anyone under the age of 16 to wear a helmet while on a bicycle, scooter (motorized or non-motorized), roller blades, or similar means of transportation. These rules are in place to reduce the chances and seriousness of potential head and facial injuries.

Wildlife

There is an abundance of wildlife on the island, ranging from small insects to large alligators and deer. Wildlife should be observed from a distance, and not approached or handled. Even the tamest appearing animal can become hostile when it perceives a threat. Sick and injured birds, raccoons, and other animals should be avoided and, if observed, the Public Safety Department should be contacted with approximate location at 457-5252. Please remember that these animals should not be approached or touched.

Animals can also carry rabies or other diseases that can cross over to the human population resulting in sickness and sometimes even death. You should always contact the Public Safety Department to report a sick or injured animal.

Summer...Continued on page 6

Summer ... continued from page 5

Bald Head Island is also home to the American Alligator. The animals should never be approached as they are wild animals.

NEVER feed an alligator for several reasons;

- They may mistake you for food.
- They can become too desensitized to humans, which could result in closer contact with humans and possible attacks.
- A **\$500.00 fine** will be issued to anyone found feeding or harassing alligators, deer, raccoons, opossums, foxes or otters.

Sea Turtles frequent the shores of Bald Head Island and are a federally protected species. It is unlawful to harass, harm, pursue, hunt, shoot, wound, kill, trap, capture, or collect sea turtle hatchlings, eggs or adult turtles. Violating the law regarding this federally protected species can include up to a \$100,000.00 fine and/or up to one (1) year in jail.

Please visit The Conservancy for guided tours to view island wildlife. This is the safest and most preferred method to view wildlife while learning about their lifestyles and history.

Beach/Ocean Safety

The beach and ocean are a wonderful place to relax, bath in the sun, and play games in the sand. However, the ocean is also a very powerful force than can turn a good vacation into a devastating nightmare. Please remember that ocean currents and waves can change rapidly and the threat of dangerous **rip currents** is ever present risk.

Here are a few tips while at the beach:

- Never swim or be on the beach during storms, especially since they pose a lightning risk.
- Pay attention to the number of the Beach Access that you take when traveling to the beach and familiarize yourself with the closest 911 Emergency Telephone Box- they are located at many of the beach access entrances.

- Apply adequate sunscreen, according to the manufactures directions, to reduce the chance of severe sunburn and risk of skin cancer.
- Alcohols and/or drugs are a bad combination with swimming.
- Always swim with a friend; never swim alone.
- Always stay within a safe distance of the shore.
- Stay alert for jellyfish and other aquatic life.
- Be alert and try to avoid swimming in areas where people are fishing.

Military ordnances occasionally wash up or are uncovered by erosion on our beaches. This includes cannon balls from years past and modern day ordnances. If you see any objects such as these then please **call 911** immediately so the Public Safety Department can investigate. **DO NOT TOUCH THEM** as they could detonate and injure or kill you.

Stay clear of the sand dunes and the groins (large sandbags that reduce beach erosion). There is a \$500 fine for walking on either of these very important structures.

Fire

Please remember that fires can be catastrophic on an isolated island such as Bald Head. The Village has an **Open Burning Ordinance** that prohibits open fires without a permit issued from Director of Public Safety. Open fires include camp fires, luminaries or other type of fireworks, and any other open flames with the exception of LP gas grills, and other cooking appliances. Please be aware that cooking appliances/grills, other than LP gas, must be at least ten (10) feet away from any building or deck while in use. A **\$500.00** fine will be issued to anyone who violates this ordinance.

Following these safety tips and using common sense can help assure that the time you spend on Bald Head Island will be pleasant and fun. *Reprinted from the Village of Bald Head Island's web site: <http://villagebhi.org>.*



***Old Baldy Foundation is looking
for Volunteers as the
2014 Summer Season approaches.***

There are many opportunities available to help visitors celebrate North Carolina's oldest standing lighthouse. Everything from weekly regularly scheduled shifts to assisting with special events or projects are options that may be of interest to you. For more information and details call 910-457-7481 or visit our website: www.ldbaldy.org

...

***Old Baldy Lighthouse and Smith Island
Museum Summer Hours start after
Memorial Day Weekend!***

Open Monday-Saturday 9 am to 5 pm
and Sunday 11 am to 5 pm.

...

***Join us at the lighthouse for a Memorial Day
service Monday, May 26, 2014 11:30 am.***

The Bald Head Island community is welcome to attend our annual Memorial Day Service to honor fallen military service members. Please bring a lawn chair and proper outdoor attire including sunscreen.

...

***Support & Drive! Register for Old Baldy
Foundation's specialty license plate.***

We need to get to 300 pledges before North Carolina will issue these plates. Proceeds directly benefit Old Baldy Foundation.

***BHA Board of Directors Encourages
BHI Residents to Approve
Terminal Groin Funding***

At its April 11th meeting, the Bald Head Association's Board of Directors learned the details of the proposed terminal groin from Village of Bald Head Island Assistant Manager and Shoreline Protection Manager Chris McCall.

McCall explained the rationale for the terminal groin's design, including aspects of the staged construction and the benefits expected for South and West Beach through its 'leaky' design. He further discussed the balance long-time coastal engineer Eric Olsen

expects to strike by capturing adequate sand to protect South Beach while simultaneously allowing enough sand to traverse around The Point to reach West Beach.

The proposal is the result of significant planning on the part of the Village's leadership. It is expected that the terminal groin, which will be voted on by BHI residents who are registered voters and paid for by all BHI taxpayers, will save the community millions of dollars over the next three decades.

The BHA Board ultimately voted to encourage registered BHI voters to authorize the Village to sell up to \$18 million in bonds for the BHI terminal groin project. Three primary reasons drove the Board's decision:

1. No new BHI taxes, fees or revenues are needed. Existing revenue streams can be utilized.

Terminal Groin...Continued on page 8



Terminal Groin ... continued from page 7

2. An investment of up to \$18 million is expected to save more than \$30 million over the next three decades.
3. Most compellingly, without the terminal groin and revision of the current Sand Management Plan – the template that outlines the specifics of where and when sand is dredged and placed by the U.S. Army Corps of Engineers – the Island will receive NO sand for at least 4 years and the Village will be obligated to repeat the 2009 beach fill project at a similar cost to the terminal groin.

Registered BHI voters should check out brunSCO.net for details on absentee/early and in-person voting. Contact Peter Ravella with questions at 512-784-3565 or peteravella@mac.com.

Turtle Central

~ Elyse Brown, Director of Retail BHI Conservancy

Are you creative, organized, and have an interest in Retail? Turtle Central Gift Shop is looking for help to work and/or volunteer during the summer months! Please contact Elyse Brown at 910.457.0917 or elyse@bhic.org.



We have BUNNIES, CHOCOLATE, and GREAT GIFT items for your holiday baskets!

We also have our ONLINE STORE at www.bhic.org/store for your shopping needs when off the island!



Photo courtesy of the NC Wildlife Resource Commission

Don't Feed the Gators
(or any of the island's other wildlife!)
 ~Nicki Dardinger, Director of Conservation,
 BHI Conservancy

The warmer weather is finally upon us, and with the increased temperatures comes the emergence of the island's reptiles. Yellow-bellied sliders (*Trachemys scripta*) are basking on logs. Black racers (*Coluber constrictor*) and yellow rat snakes (*Elaphe obsoleta quadrivittata*) are moving through the maritime forest, and banded watersnakes are hanging out near the salt marsh. And of course, American alligators (*Alligator mississippiensis*) are swimming in the freshwater ponds and sunning on the shores.

The island is home to several dozen American alligators, a protected species in North Carolina. While these large animals are exciting to see, it is very important that they are left undisturbed, and even more importantly, left unfed. All too often, people will be seen dropping food into the Overlook pond, despite the warning sign. When asked, they will exclaim, "But we're not feeding the alligator – we're feeding the turtles!" Let me assure you, the alligators don't know the difference! (and it's equally important to not feed the turtles!!) Please, leave Bald Head Island's wildlife wild – for their health - and for YOUR safety.

PROTECT YOUR HOME, PROTECT YOUR FAMILY, PROTECT YOUR INVESTMENT!

CONTACT THE ISLANDS #1 RESOURCE IN RAT ABATEMENT



- Rats can enter your home through openings as small as 1/4"
- Rats can do thousands of dollars in damage
- Exterior lines through walls, roofs and underneath must be sealed, chimneys capped, garage door thresholds must be pest proofed
- Tree branches and overhangs need to be trimmed back from home structure.



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John Foster Dulles

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~ May 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pilates 8:45am-9:45am (AC) Terminal Groin Workshop 3pm-4:30pm	2 Men's Bible Study 8 am ARC Mtg 9:30 am Concert "Cruise" 5pm	3
4 Communion 8:30 am Rev. Michael Gray <i>Episcopal</i>	5 Yoga 11:45 am (AC)	6 Pilates 8:45am-9:45am (AC)	7 Yoga 11:45 am (AC) Card Making Class 2 pm - 5 pm (AC)	8 Pilates 8:45am-9:45am (AC) Chamber of Commerce BOD 11 am (AC)	9 BHA Executive Mtg. 1 pm (AC)	10 Restorative Yoga "Healthy Back & Bones" 2pm-5pm
11 8:30 am Rev. Dr. Carl Sachtleben <i>Lutheran</i>	12 Yoga 11:45 am (AC)	13 Pilates 8:45am-9:45am (AC)	14 Yoga 11:45 am (AC) Howl at the Moon 6:30 pm (access 39)	15 Pilates 8:45am-9:45am (AC)	16 Men's Bible Study 8 am Village Council Mtg. 2:30 pm(AC)	17
18 8:30 am Rev. Gaston Warner <i>Methodist</i>	19 No Yoga BHI Club BOG 9 am (Club)	20 Pilates 8:45am-9:45am (AC)	21 No Yoga	22 Pilates 8:45am-9:45am (AC)	23	24 Smith Isl. Art League Boat House Fundraiser 10 am - 5 pm (AC)
25 8:30 am Rev. DeDe Britt <i>Methodist</i> Smith Isl. Art League Boat House Fundraiser 10 am - 5 pm (AC)	26 No Yoga Memorial Day Service 11:30 am (Lighthouse Grounds) BHA Closed	27 Pilates 8:45am-9:45am (AC) Therapeutic Yoga 11am-12pm (AC/CR)	28 Yoga 11:45 am (AC)	29 Pilates 8:45am-9:45am (AC)	30	31

AC (BHA Association Center)
BHIC (BHI Conservancy)
Club (BHI Club)
VC (Village Chapel)
PSD (Public Safety Operations Building)

Standing Events:

- **Alcoholics Anonymous**—Mon & Fri, 12 - 1pm, Association Ctr. Contact John B. at 454-9251 or sober.1.day.at.a.time@gmail.com
- **Knitting**—A group of knitting enthusiasts meets every Wed at the Association Ctr., 9:30 - 11:30am

PO Box 3030 111 Lighthouse Wynd
Bald Head Island, NC 28461-7000

Phone: (910) 457-4676
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Email: carrie@baldheadassociation.com
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